

CENTER FOR COLON AND RECTAL HEALTH, INC.
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215-741-4910

SURGERY INSTRUCTIONS

PPH, HEMORRHOIDECTOMY, THD, TEM, FISTULECTOMY, SPHINCTEROTOMY, BOTOX, EXCISION OF CONDYLOMATA, EXCISION OF RECTAL MASS, RECTAL BIOPSY, FLEXIBLE SIGMOIDOSCOPY WITH ENDORECTAL ULTRASOUND - SHORT PROCEDURE:

Do not take aspirin, herbal products, or Vitamin E for seven days before your procedure. You will receive two telephone calls from the hospital. The first call will be to schedule your pre-admission testing. This should be done within two weeks of your procedure. The second call will be the day before your procedure between 3:00 PM and 8:00 PM to tell you where to report and the exact time you should arrive. Have nothing to eat or drink after midnight the night before your surgery. Take one saline water Fleet enema (in the green and white carton) one hour before you leave for the hospital. Take no valuables to the hospital with you.

After the procedure you may eat normally. It is very important to keep your bowels moving. Stay off aspirin, herbals, and Vitamin E for seven days after surgery. Please call our office to schedule a post-op appointment for two weeks after your surgery, with the exception of the THD procedure. If you had THD surgery, please schedule your post-op appointment for four weeks after.

PILONIDAL CYSTECTOMY - SHORT PROCEDURE:

Do not take aspirin, herbal products, or Vitamin E for seven days before your procedure. You will receive two telephone calls from the hospital. The first call will be to schedule your pre-admission testing. This should be done within two weeks of your procedure. The second call will be the day before your procedure between 3:00 PM and 8:00 PM to tell you where to report and the exact time you should arrive. Have nothing to eat or drink after midnight the night prior to your surgery. Take no valuables to the hospital with you.

After your procedure you may eat normally. Please call our office to schedule a post-op appointment for two weeks after your surgery.

INFUSAPORT INSERTION OR REMOVAL - SHORT PROCEDURE:

Do not take aspirin, herbal products, or Vitamin E for seven days before your procedure. You will receive a telephone call from the hospital the day before your procedure between 3:00 PM and 8:00 PM to tell you where to report and the exact time you should arrive. Have nothing to eat or drink after midnight the night prior to your procedure. Take no valuables to the hospital with you.

ILEOSTOMY CLOSURE - IN-PATIENT:

Do not take aspirin, herbal products, or Vitamin E for seven days before your procedure. You will receive two telephone calls from the hospital. The first call will be to schedule your pre-admission testing. This should be done within two weeks of your procedure. The second call will be the day before your procedure between 3:00 PM and 8:00 PM to tell you where to report and the exact time you should arrive. The night before surgery you may only have clear liquids at dinner - water,

soda of any kind, and clear juices such as apple, grape, and cranberry. You may not have citrus juices such as orange and grapefruit juice. You may have jello (no red jello). You may have clear

broth, bouillon, and coffee and tea with a little milk. Then nothing to eat or drink after midnight (including no gum, no hard candy, no mints, etc.). Take no valuables to the hospital with you.

After your procedure please call our office to schedule a post-op appointment for two weeks after your surgery.