

CENTER FOR COLON & RECTAL HEALTH, INC.

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POST COLONOSCOPY INSTRUCTIONS

1. You **may not** drive, operate hazardous machinery, or drink alcohol on the day of your colonoscopy.
2. You may eat or drink anything you like (but no alcohol) when you get home.
3. The doctor will review your colonoscopy results with you after your procedure. If a biopsy is taken or a polyp removed, please **do not take fish oil, vitamin E, or herbal vitamins for two weeks** after your colonoscopy. Also, **do not take** any of the following medications or any medication containing **aspirin or ibuprofen for two weeks**:

Advil	Clinoril	Heparin	Norgesic
Aleve	Coumadin	Ibuprofen	Nuprin
Alka Seltzer	Daypro	Indocin	Percodan
Anacin	Dipridamole	Lodine	Persantine
Anaprox	Disalcid	Lovenox	Plavix
Arthropan	Ecotrin	Meclomen	Relafen
Ascriptin	Empirin	Mobic	Ticlid
Aspirin	Excedrin	Motrin	Toradol
Baby Aspirin	Feldene	Naprosyn	Voltaren
Bufferin	Fiorinal	Naproxen	

**** TYLENOL IS SAFE TO TAKE ****

4. You may have some abdominal cramping or soreness. This is especially likely if you have had previous abdominal surgery or if you have diverticulosis. Contact one of the doctors if the pain seems to get worse rather than better, if you develop a fever, nausea, vomiting, or if you pass blood in your stool.
5. If you have had a polyp removed or a biopsy taken, you will receive a telephone call from our office when the report from the pathologist is received. If you do not hear from our office, please allow at least six business days before calling.